

TRENT GRADUATE STUDENTS' ASSOCIATION

THE SCOOP

by **GSA+**

VOLUME 1 / ISSUE 3

NOVEMBER 2020



Photo credit: Elicia Yap

MONTHLY NEWSLETTER
FOR GRADUATE STUDENTS



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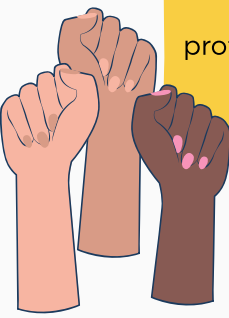
"I hope to bridge the communication gap between TGSA and graduate students so that the concerns and issues faced by the graduate student body are recognized, acknowledged and advocated for by the TGSA."

-Elicia, VP Communications



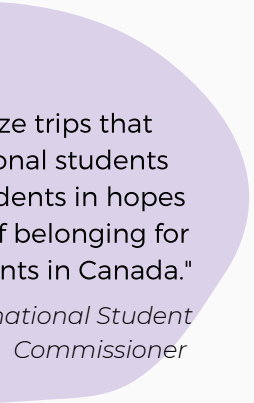
"I plan to focus on highlighting, supporting, and partnering up with environmental groups and event series around campus."

-Verena, Environmental Commissioner



"I want to make sure that all the students of the university, especially the marginalized ones are aware of their rights. I also want to advocate for a more profound understanding of equality across the campus."

-Tanya, Equity Commissioner



"I plan to organize trips that engage international students with domestic students in hopes to create a sense of belonging for international students in Canada."

-Maryam, International Student Commissioner

Announcements

NEED A QUIET PLACE TO STUDY?



Bata Library

Graduate students can request for a private study carrel by filling in a form available in your myTrent account under Academics > Forms.

The Graduate Reading Room BL 408 is also open.

Catherine Parr Trail College

The College Library, graduate-only reading rooms, and common rooms are open in Scott House, Monday through Friday, from 9 AM to 5 PM.



NEW PHD PROGRAM!

INTERDISCIPLINARY SOCIAL RESEARCH PHD

"This Ph.D. program prepares students to understand and implement interdisciplinary and transdisciplinary approaches to examining complex social issues. This degree offers students a pathway into academic and non-academic research positions in a range of fields that require doctoral level social science research skills."

Applications for January and September 2021 are now open!

Visit [here](#) for more details about the program and [here](#) for admission requirements.

Events and Academic Deadlines



CGS M Workshop
11AM-12PM



CGS M Workshop
2PM-3PM



CUPE:
PDEA Fund/UHIP
reimbursement **



International Trivia
for IEW
5PM-7PM



Experiencing
Racialization at Trent:
A Panel Discussion
5PM-7PM



Autism Scholars
Award *



Canada Graduate
Scholarships Master's
(CGS-M) *



Ontario Women's Health
Scholars Award *

Please visit [School of Graduate Studies Tuition, Awards and Funding Page](#) for more details.*

Visit [CUPE](#) for more information on their funding **

Click [here](#) to view in Calendar mode

Graduate Student's Corner

Brown in your tea affects your pee

I work on the pee of fish, small aquatic insects, and mussels in lakes and streams. I look at how the different nutrient components of this pee vary relative to species, their diet, the type of waterbody they live in (lake vs stream), and how brown the water of that waterbody is (because of decaying plants). Our waters are becoming browner due to climate change and this may affect how much nutrients animals release back into the water!

by Sandra Klemet-N'Guessan, ENLS PhD



Photo: My study fish eating my other study fish

TRENT MOBILE APP

Find TGSA on the Trent App!
Download it and connect with us today!



Green Tips

by Verena



Have you seen Trent's new draft plan for its nature areas?

Trent University has recently released its 2020 draft plan on developing the Trent lands and nature areas. It is open for everyone to review and provide feedback until January 4, 2021. As graduate students, you have a unique expertise and relationship to our campus, and your voices need to be heard! The plan can be found [here](#).

Graduate student voices

“Trent University in partnership with the City of Peterborough are looking to develop across our largely natural campus – an area that supports over 27 Species at Risk. But our campus is extraordinary, and together the biodiversity crisis and climate change emphasize our responsibility to care for and protect this very important habitat. We all benefit from nature and it is quickly disappearing from Trent – I hope that together we can do better, so please get involved.”

– Debbie Jenkins, PhD Candidate, @CaribouMxBio



Figure caption: Land use planning is a critical step in the protection of nature. Please apply your critical thinking – contrary to what the plan says, Nature Areas are being reduced and converted to other uses. The natural campus is being fragmented by developments and roads. This is hard to tell from this map without a legend or north-south orientation. But let's work together to make the plan clear and to keep Trent natural. (comment provided by Debbie Jenkins: map taken from the [TLNAP 2020](#))

Tips on how to take care of your mental health



Value yourself

Shower yourself with kindness and avoid self-criticism



Take care of yourself physically

Make sure to get plenty of sleep and fill yourself with yummy and nutritious food! Take a walk and get a little sunshine on yourself will help a lot too!

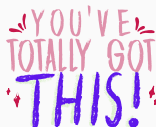


Be sociable

Make plans with your family and friends. Join a club or even sign up for a class!

Make leisure a priority

Take some time to relax as you go about your day. Sprinkle some positive vibes while you are at it!



Learn how to deal with stress

Manage your responsibilities and worries by making a list. Take up relaxation practices such as yoga and meditation.



Seek help when you need it

The TGSA is here for you and we encourage you to reach out to us! Trent also offers counselling services to students.



International corner



Trent International Life Under The Maple Tree Series Transitioning to Life in Canada



Preparing For Winter

5:00pm-6:00pm



Finding Housing in Canada

10:00am-11:00am



Extending Your Study Permit

2:30pm-3:30pm

International Education Week (IEW)

IEW is a celebration of international engagement efforts and the vital impact that international experience has on preparing students for the future in a globalized world.

This year, Trent Study Abroad and Trent International are hoping to organize a video series that highlights the many ways that all students at Trent can internationalize their degree and experience at Trent.

Submit your video by Wednesday, November 11th.

Find the video specifications and submission form [here](#).



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