

TRENT GRADUATE STUDENTS' ASSOCIATION

THE SCOOP

by *GSA+*

VOLUME 2 / ISSUE 3



MARCH 2021

MONTHLY NEWSLETTER
FOR GRADUATE STUDENTS



Content

01

Announcements from
CUPE & TGSA

02

TGSA Board Member
2021/22

03

Event & Academic
Deadlines
International Corner



Our goals

"I firmly believe that the best way to encourage student satisfaction and involvement is to inspire others to have confidence in themselves and their academic choices. Through serving in my current role, I plan to keep his Psychology associates involved, informed, and invested.

-Logan, Psychology Representative



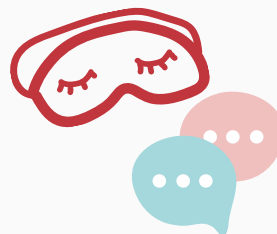
Self care tips

I feel like nothing I do
makes a difference

I feel exhausted
all the time

**Recognize the signs of burnout and
take good care of your mental health**

Reach out and ask for help



Make sure you cover the
basics: Sleep, nutrition,
exercise and social time

Practice positive self-talk



Announcements

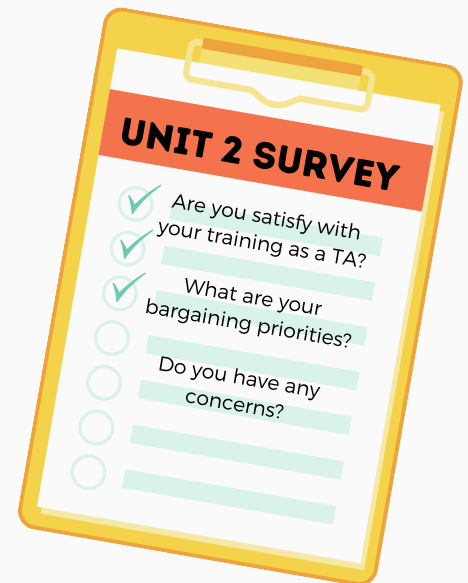


THE UNIT 2 BARGAINING SURVEY

from **CUPE 39 SCFP**

Your Unit 2 bargaining team wants to know what you think we should prioritize at the bargaining table! Your input is vital to ensuring your bargaining team focuses on achieving what matters most to you.

Please take a few minutes to complete this short survey. The survey will close in approximately 3 weeks. Your participation and feedback are greatly appreciated. To show our appreciation, all members who complete the Unit 2 Bargaining survey can opt into a draw for a chance to win one of three \$50 gift cards!



LEARN FROM THE GRADS EVENT

from **GSA**



Here is your chance to help out an undergraduate student! In collaboration with TCSA and TDSA, we are organizing a Learn from the Grads event in which graduate students from various programs will share their experience and offer advice to undergraduate students who may be interested in graduate school. This event will take place via Zoom on Thursday, March 25th from 1-3pm.

For those who are interested in volunteering in this mentoring session, please email vpstudentaffairstgsa@trentu.ca with their name and program of studies.

TGSA BOARD MEMBERS 2021/22

CONGRATULATIONS TO THE FOLLOWING
GRADUATE STUDENTS:

President:

Sebastian Johnston-Lindsay

VP Student Affairs:

Gabriella Peters

VP Internal Affairs:

Devon Howell

VP Finance:

Mariana Castelli Rosa

VP Senate:

Michael Schmidt

Equity Commissioner:

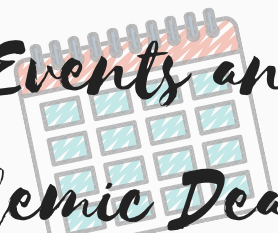
Tanya Aminataei

The following positions are still available:

**VP Communications, Environmental Commissioner,
International Student Commissioner and many other
program representatives**

If you are interested in advocating for the graduate student body, please email vpinternalaffairstgsa@trentu.ca. You can find the responsibilities of each position on our website [here](#).

Events and Academic Deadlines



March
11

Understanding Personal Income Taxes

March
15

CUPE: PDEA fund/UHIP reimbursement **

March
18

Life after Trent: Graduate Student Edition

March
19-21

Elders and Traditional Peoples Gathering

March
25

TGSA, TDSA & TCSA: Learn from the Grads
1:00-3:00pm

April
1

Five Sisters PhD award *

April
1

TGSA: Emergency Bursary

May
15

TGSA: Academic Bursary

Please visit [School of Graduate Studies Tuition, Awards and Funding Page](#) for more details.*

Visit [CUPE](#) for more information on their funding **

Click [here](#) to view in Calendar mode

International corner



Trent International has compiled a quick guide on filing an international student tax return. Make sure to file it before the end of April!

Did you know?



The Night of the Witches/ Noche de Brujas



The tradition started in the 1970s when a local shaman decided to hold an annual convention for all the witches, wizards and other supernaturally gifted individuals from all over Mexico. The trend caught on and now hundreds who claim to have such powers make the trip to Catemaco the first weekend of every March.



FOLLOW @TRENTUINTERNATIONAL



INTERNATIONAL@TRENTU.CA

JOIN FACEBOOK GROUP



TRENT INTERNATIONAL GRADUATE STUDENTS - OFFICIAL GROUP

Please email international@trentu.ca for more details.